



AQUATHLON SUNDAY 28TH MARCH 2010 2.00 PM
WARD FREMAN COLLEGE POOL AND GROUNDS
Bowling Green Lane , Buntingford. SG9 9BT

Closing date – 7th March 2010 (or when full)

Age, categories and distances are :

Age as at 31 st DEC 2010	SWIM	Approx RUN
Group A Age 8	50m	600m
Group B Age 9/10	150m	1500m
Group C Age 11/12	250m	2000m
Group D Age 13/14	400m	3000m
Group E Age 15 /16	400m	4000m
Group F Age 17 to 21	400m	4000m

PLEASE NOTE AGE IS TAKEN AS OF 31st DEC 2010 .

Trophies awarded in each category and finishers medal or momento to all competitors.

Please register as you arrive at the desk in pool foyer.

For further info
Or email
Website

David Carr 01920 821764
david_a_carr@hotmail.co.uk.
www.Buntingfordsc.co.uk

PLEASE NOTE THAT WE HAVE AN ENTRY LIMIT OF 150
COMPETITORS

Buntingford Aquathlon 28th March 2010 2.00 pm ENTRY FORM

Please fill in the entry form and return to David Carr by Sunday 7th March 2010, together with your entry fee cheque for £6.50(made payable to Buntingford Swimming Club) **and S.A.E.**

Please note that £1.00 of the entry fee is to cover entrants civil liability insurance and personal accident insurance with the British Triathlon Association.(£1 returned on the day to those with Triathlon England/BTF membership cards)

Name..... Age:.....DOB:.....

Address:.....

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Telephone:..... Male/Female

Email

BTF NO (if applicable)

CLUB

DECLARATION:

I accept that the organisation can in no way be held responsible for any injury or loss however caused, and that my child taking part in the event, is fully aware of the risks involved and the degree of fitness required. He will be responsible for his/her property.The competitor is in good health.

Signed (Parent or guardian).....

CLOSING DATE FOR ENTRIES Sunday 7th March 2010

POSTAL ENTRIES TO:

**D.A.Carr
The Old House
Wellpond Green
Standon
Herts
SG11 1NL**