

RIPPLES IN THE POOL

FEB 2010

We've been waiting for the many articles that always appear in our dreams when about to produce a new edition of 'Ripples' but nothing much surfaced so here's an attempt to bring everybody up to date - mainly from Alan's memory bank:-

Head Coach

First of all, a bit about Alan, who has written this piece himself:-

No doubt some of you will have noticed that I have been absent from the poolside for quite a few weeks. It doesn't mean that I have forgotten any of you, parents or swimmers. Believe me, I miss you loads. Unfortunately, I am having 'chemo' treatment at the moment and the doctors have advised me to stay away from 'crowds' where I could pick up a cold or anything else which could affect my treatment. I have obviously taken their advice and am looking after number One this time around for a change. By the time you receive this 'Ripples', I will have had 3 treatments and then have a week off before starting my treatment all over again. So far I have not suffered any side effects, so I am keeping everything crossed!!!! But enough about me.....

Club activities

Everything has been put in place regarding general running of the Club, and our dedicated Committee and all the teaching and coaching staff have been absolutely brilliant in covering every aspect of what is required for the Club to continue as normal.

Thursday evening training

Congratulations to 'Lil Em' and Christina who have both succeeded in gaining their ASA Level 2 Teachers qualifications. Together with Lynda they are doing a great job in covering the early groups on Thursday evenings. Gillie and Dave are covering the other groups, with Steve helping out as and when required. Dave has just completed his Level 2 Teaching course which took place at Great Dunmow and has just got to finish and hand in his 'homework' due in at the end of this month followed by some further course work during March. I am sure that all those who have recently passed their exams will help him with any questions he might have. Congratulations too to Devon, our Club Captain who has recently passed her Level 1 Teachers exam.

Tuesday evening training

Our Tuesday session at Freman (8o'clock until 9o'clock) has now been running for a year and seems to have really taken off. In parallel, Steve still runs a Tuesday evening session at St. Edmunds College from 6.30 until 7.30 which is aimed at our younger swimmers. Unfortunately St Eds have let us down on a number of occasions recently for a variety of reasons and the Committee are actively investigating other avenues for this group.

Other Club news

A notice is displayed on the club noticeboard regarding the ASA 'Helper' exam for children aged 14. Worthwhile looking at it as it gives a good grounding for future exams. Well done to the cubs of the Buntingford Hawks Pack 0 who won the swimming trophy at the Ware and District Swimming Gala with some of our own swimmers in the team. Simon Keogh and Isaac Perry - how about getting the other lads to come along for a trial at the Club? Don't forget DYB & DOB !!! means do you best and do our best - so try to get them along.

Major League

Most of you will know that we haven't set the world alight in the Major League this year. We may well be relegated to Division 3, but we shouldn't see this as a bad thing as all our current 15 year olds will still be swimming under 16 next year and then the under 15's and under 16's will be 2 years older {therefore 'open swimmers'} by the time we win the third division in 2012 !!! Well - it makes sense to me !!!

Peanuts League

With the Peanuts League due to kick off shortly please make a note in your diaries of the following dates:-

| | |
|---------|---------------------------------|
| Round 1 | Saturday 24 th April |
| Round 2 | Saturday 15 th Mat |
| Round 3 | Saturday 3 rd July |

Aquathlon

Following the success of last years' inaugural Aquathlon the Club will once again be running this event which will take place on Sunday **28th of March**. Judging by last years experience, this will be a great event with even bigger numbers this time around. So why not come along and support the kids and have a good afternoon. Entry for the event is now open using the form available on the clubs website:-

http://www.buntingfordsc.co.uk/2010_aquathlon_entry_form.pdf

On a related note details of our annual Triathlon will be coming out soon, so keep a look out on the Club notice board and/or web for details.

Message to all our members/parents/ guardians

We need to make sure that our membership list is up to date and reflects your correct details. It's vitally important that we hold current emergency contact details, home phone numbers and details of any medical conditions/medication that could impact your swimming activities. Should any information have changed (including email address and/or home address), please update your membership details using the form on the web available at

http://www.buntingfordsc.co.uk/membership_update_form.pdf

Well, that will have to do for now. I hope to be around sometime in the not too distant future to 'shout' at all the kids again - I do miss them all - the high 5's ; the cuddles and the laughs and the banter that goes on. I will be keeping in touch with the Club via the committee.

Keep working hard - there could be some interesting new developments in the not too distant future- watch this space !!!

Alan