

BUNTINGFORD SWIMMING CLUB

RIPPLES IN THE POOL

SUMMER 2005

AS I THOUGHT I MIGHT BE , I HAVE BEEN UNDERWHELMED WITH ARTICLES FOR THE CLUB NEWSLETTER FOR THIS SUMMER EDITION. NEVER MIND, I THINK THERE ARE ENOUGH BITS AND PIECES TO FILL A FEW LINES.

NEW TEACHERS.....

DAVE CARR ; STEVE COOTE AND FIONA HAYES ALL PASSED THEIR SWIMMING EXAMS,

WITH FLYING COLOURS. WE NOW HAVE ANOTHER 3 QUALIFIED PEOPLE ON THE POOLSIDE. IT IS THEIR INTENTION TO CONTINUE ON TO THE NEXT LEVEL OF QUALIFICATION IN THE FUTURE.

TRIATHLON.

A GREAT SUCCESS THIS YEAR WITH ABOUT 40 ENTRIES. THE WEATHER WAS PERHAPS A BIT TOO WARM, BUT IT WAS GOOD TO SEE SO MANY OF THE CHILDREN HAVING A GO. THANKS MUST BE GIVEN TO DAVE FOR ALL THE ORGANISING OF THE EVENT, AND TO KAREN & CO. FOR PRODUCING A GREAT B-B-Q. AND THE COOL BEERS !!
THE WINNERS WERE

GIRLS	U/8	IONA HAYES	6.43 MINS
BOYS	U/8	MATT COOTE	6.38 MINS
GIRLS	9/10 YEARS	MILLIE FARMER	13.31 MINS
BOYS	9/10 YEARS	NICHOLAS DICKENS	14.22 MINS
GIRLS	11/12 YEARS	LAURA GRIERSON	25.42 MINS
BOYS	11/12 YEARS	TOM CARR	19.30 MINS
GIRLS	13 & OVER	CHRISTINA BRANCH	29.48 MINS
BOYS	13 & OVER	NIALL POWER	36.00 MINS

EVERBODY RECEIVED A MEDAL FOR ENTERING THE EVENT, AND TROPHIES WERE AWARDED TO THE WINNERS. PLANS ARE ALREADY BEING MADE FOR NEXT YEARS EVENT, WHICH WE HOPE WILL BE BIGGER AND BETTER.

RETURN GALA AGAINST BOTTISHAM.

WE ARE STILL TRYING TO ARRANGE THIS RETURN MATCH AND, IN SPITE OF SEVERAL ATTEMPTS, NO DEFINATE PROGRESS HAS BEEN MADE. KEEP YOU EYES ON THE NOTICE BOARD FOR DETAILS, 'COS THAT IS WHERE WE WILL PUT ANY INFORMATION INITIALY

HATS.

WE NOW HAVE RECEIVED THE NEW CLUB HAT. IT LOOKS REALLY GOOD, AND WE WILL BE GIVING THEM OUT VERY SOON, WITH THE NEW CLUB 'WELCOME PACK'.

WE HAD LOADS OF COMMENTS ABOUT THE 2005 'PEANUT' HAT - ALL VERY COMPLIMENTARY. WE ALL THOUGHT THEY LOOKED GOOD.

PEANUTS GALAS.

WHAT CAN I SAY ? **BRILLIANT, TREMENDOUS, FANTASTIC - ALL ARE TRUE.** EVERYBODY WHO SWAM IN THE GALAS, DID A MARVELLOUS JOB FOR THE CLUB. THERE WERE A LOT OF OTHER CLUBS WHO WERE VERY SURPRISED BY THE OUR EFFORTS. WE SWAM A TOTAL OF **49 PERSONAL BEST TIMES** OVER THE 3 ROUNDS, WITH A FEW SWIMMERS SETTING NEW TIMES AFTER EACH ROUND WE EASILY STAYED IN THE 2ND DIVISION, WITH BROXBOURNE AND WELWYN G.C. GOING DOWN INTO DIVISION 3.

OUR TARGET FOR NEXT YEAR IS - TOP SIX.

I MUST SAY A BIG 'THANK YOU' TO ALL THE PARENTS WHO CAME ALONG AND SUPPORTED THE TEAMS AT THE DIFFERENT VENUES.. I DIDN'T KNOW WE HAD SUCH A NOISY LOT !!!!

FUTURE GALAS

AS MENTIONED EARLIER, WE ARE STILL TRYING TO ARRANGE THE RETURN GALA AGAINST THE BOTTISHAM SWIMMING CLUB.

WE HAVE ACCEPTED AN INVITATION TO A BROXBOURNE GALA AT FANSHAWE POOL, WARE FOR **SATURDAY 10TH SEPTEMBER.** THIS IS FOR THE 'BROCKS' TROPHY AND IS A 'TIME BANDED' EVENT. WE WILL THEREFORE BE SWIMMING QUITE A FEW SWIMMERS WHO HAVE NOT SWUM YET, AS WELL AS THOSE WHO NORMALLY SWIM. SHOULD BE A GOOD NIGHT, LIKE IT WAS LAST YEAR.

WE HAVE ALSO ACCEPTED AN INVITATION FROM THE 'HERTSMERE FLYERS' CLUB AT BOREHAM WOOD AND WE ARE AWAITING FINAL DETIALS ABOUT THAT. IT WILL BE HELD ON **SATURDAY 15TH OCTOBER.**

THERE ARE 2 'OPEN' EVENTS IF ANYBODY IS INTERESTED IN ENTERING THEM.

THE FIRST ONE WILL BE HELD AT THE BOREHAMWOOD POOL ON SATURDAY, OCTOBER 1ST. AND THE OTHER ONE WILL BE HELD ON SUNDAY 4TH DECEMBER AT HITCHIN. IF YOU ARE INTERESTED IN ENTERING EITHER EVENT, PLEASE SEE DAVE CARR, WHO HAS ALL THE DETAILS.

2005 CLUB CHAMPIONSHIPS.

DETAILS WILL VERY SOON BE AVAILABLE FOR THIS YEARS CHAMPIONSHIPS. THEY WILL BE HELD IN OCTOBER OVER 2 NIGHTS. THE ENTRY SHEETS BE ON THE DESK IN THE VERY NEAR FUTURE. THE DATES HAVE NOW BEEN SET FOR **6TH & 13TH OCTOBER,** STARTING AS NEAR TO 6.30 AS POSSIBLE. EVERYBODY WILL BE WELCOME TO COME AND SIT ON THE POOLSIDE TO WATCH THE CHAMPIONSHIPS, AND TO MAKE AS MUCH NOISE AS AT THE PEANUTS GALAS!!!! I LOOK FORWARD TO A MASSIVE ENTRY FOR ALL THE AGE GROUPS, BECAUSE I WANT **EVERYBODY** TO ENTER - NO EXCUSES.

SWIM 21

WE ARE STILL NOT QUITE THERE YET, ALTHOUGH THE SIGNS ARE LOOKING VERY GOOD. WE HAVE JUST 'PASSED' THE REGIONAL PANEL, AND OUR 'FILE' HAS BEEN PASSED TO

THE NATIONAL A.S.A. PANEL, WHO MEET IN AUGUST. AS SOON AS WE KNOW ANYTHING, YOU WILL BE TOLD. **FINGERS CROSSED EVERYBODY.**

OFFICIALS

DO YOU FANCY BEING AN OFFICIAL - THAT IS LEARNING TO BE A QUALIFIED TIMEKEEPER ; JUDGE AND STARTER.? THE COUNTY RUN AT LEAST ONE COURSE EVERY YEAR, WHICH LASTS ABOUT 5/6 WEEKS ON ONE EVENING A WEEK. IF YOU ARE INTERESTED OR WANT TO KNOW MORE ABOUT BEING AN OFFICIAL, SPEAK TO ALAN.

SUMMER TRAINING

JUST A REMINDER THAT THE CLUB **WILL** BE TRAINING THROUGHOUT THE SCHOOL HOLIDAYS. WE HAVE REDUCED THE NUMBER OF HOURS BECAUSE OF FAMILY HOLIDAYS. **WE WILL BE STARTING TRAINING AT 7 O'CLOCK AND FINISHING AT 8.20. WE WILL ARRANGE THE 'GROUPINGS' ON THE NIGHT.**

THE MAIN THEME DURING THOSE 6 WEEKS WILL BE STAMINA TRAINING, TO GET YOU EVEN FITTER AND FASTER IN THE MONTHS TO COME.

ADULTS - PAY ATTENTION - YOUR SWIM WILL ALSO BE DURING THAT TIME, BUT YOU CAN HAVE A SPECIAL LANE TO YOURSELVES.

SPONSORSHIP

DO YOU KNOW OF ANY LOCAL [OR YOUR] COMPANY ; BUSINESS ; RICH FRIEND ; ETC. WHO MIGHT BE INTERESTED IN SPONSORING THE CLUB? WE ARE PUTTING TOGETHER A 'WISH LIST' OF THINGS WE WOULD LIKE TO SEE FOR USE BY SWIMMERS/CLUB, SUCH ASCLUB SWIMMING BAGS ; TRACKSUITS ; VARIOUS PIECES OF SWIMMING EQUIPMENT LIKE FLIPPERS [OOPS SORRY ...TRAINING FINS !!!] ; WRIST/ANKLE WEIGHTS ; SWIMMING TUBES ; ALL MANNER OF THINGS. IF YOU DO KNOW OF SOMEBODY, PLEASE LET ONE OF THE COMMITTEE KNOW, SO THAT WE CAN FOLLOW UP THE SUGGESTIONS.

END

THINK THAT WILL DO FOR THIS ONE. DON'T FORGET, WE COULD STILL DO WITH A FEW MORE ADULTS SWIMMING - GO ON - GIVE IT A TRY !!!!

AS MENTIONED EARLIER, PLASE FEEL FREE TO CONTRIBUTE TOWARDS THIS CLUB NEWSLETTER. ANYBODY CAN WRITE AN ARTICLE ABOUT ANYTHING LOOSELY CONNECTED WITH THE CLUB OR SWIMMING IN GENERAL. COME ON, SHARE THAT SILLY STORY ; JOKE ; EMBARRASSING MOMENT ; ETC. WITH EVERYBODY.

YOU COULD SEND THE ARTICLE WITHOUT PUTTING YOUR NAME ON IT, OR EVEN SEND IT ANONYMOUSLY !!!!!!!