

RIPPLES IN THE POOL

MARCH 2009

I thought it was about time we had another one of these newsletters and, as usual, I have been completely underwhelmed by contributions from everybody. However, there is quite a lot to tell you about, so here goes.

Major League

YES - WE MADE IT !!!!!

We managed to stay in the second division of the Major League this year. It was the first time we have competed at that level. It was very, very close and we did very well to survive. Well done to everybody who turned out to swim for us – especially the Dads !! We finished in 10th position at the finish.

Newly qualified teachers.

We have another 2 ASA qualified teachers on the poolside now. Christina and Emily have passed their Level 1 Teachers theory and practical exams and are helping with the youngsters at 5.30 and 6o'clock.

As a Club, we encourage our older swimmers to take these and the life guarding exams, so that they can earn some money before possibly going on to 'Uni'. We currently have about 8 or 9 of our members working as life guards and/or teaching.

Tuesday evening training.

We have just reached agreement with the pool operators that we can use Freman pool for an hour on a Tuesday evening from 8o'clock until 9o'clock. **This will start on April 7th.** We do appreciate that this could be a little late for the younger swimmers, and it has been agreed to continue using the pool at St. Edmunds College from 6.30 until 7.30.

This will be for a trial period to see what uptake there is for that session. It does give the younger swimmer a chance to improve their skills in a smaller 20 metre pool, and I would like to see more children taking up the offer.

Both sessions will continue at £2 per session, payable on the night. We will be giving out invites to everybody to see what the interest is, but this is a very good chance to move the Club forward.

Peanut competition

We are currently preparing for this years competition, where we are again in Div 2 of the League. We have arranged for an extra training session on **Sunday 19th April**. If you are picked to swim, please make every effort to attend on that day. It will be **from 1.30 until 3.00pm**

Swim 21

The Club have been working very hard to complete all the requirements for the Swim 21 re-accreditation. People have been on or are going to be going on various courses, etc.in order for us to be successful once again. We are hoping to submit our file for the first stage of the journey on the 19th June. If that is OK we go on to the East Region ASA on the 17th July and finally to the ASA National Body sometime during August.

Aquathon

We will be running an ' Aqua-thon' on the **29th of March**. This is the first one, and we have got just under 90 entries, which is brilliant. It will be a great event so why not come along and support the kids and have a good afternoon.

Details of our Tri-athlon will be coming out soon, This is another great event, where we had well over 130 entries last year. Keep a look out on the Club notice board for details.

Club Kit

Don't forget that we have a lot of 'Club gear' on sale every Thursday evening. Club costumes ; bags ; bottles ; pens ; hats ; etc. Sometimes the costumes can take a while to come through, so please be patient if you are waiting. We do get part orders arriving, which can be frustrating for all concerned.

That's about it - please continue to arrive on time for training because it does help to know how many there are in a lane.

If anybody would like to contribute anything to the next newsletter, please feel free to pass it on.